

Birchwood!



Healthy WashCo

MENTAL HEALTH WELLNESS Walk

years ahead

➤ JOIN THE SECOND ANNUAL MENTAL HEALTH WELLNESS WALK

➔ ➤ **OCTOBER 11TH @ 10AM**

➤ **BIRCHWOOD VILLAGE HALL
101 N MAIN ST, BIRCHWOOD**

Rates of reported mental health challenges and suicide have been on the rise. Join us to honor a loved one or to show solidarity for those impacted.

Scan the QR code below to learn more and register!

➤ **CHECK-IN AT HEALTHY WASHCO FLAG**



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